Biggar Ramblers

Walk attendance and contact list

Walk / Route			
Starting location		**Number in party**	
Date		**Start Time of walk**	

Name	**Emergency contact**	**Phone number**
Walk Leader		
Back Marker (if applicable)		

Continue on reverse for additional names

In an emergency phone 999. If a Mountain Rescue Team is required ask for Police then Mountain Rescue. The following information will be required as a minimum

The location of the incident (a two letter/six figure grid reference and a named feature);
The number of casualties;
What is wrong with the casualties;
Are the casualties deteriorating;
Details of the equipment you and the casualties have with you;
Your contact telephone number.

Please ensure you have an emergency contact for every walker before setting off.
Pass this form to Lesley Glidden after the walk.